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Recognized thought leader, Psychologist Moss A. Jackson, Ph.D., explains how to chart a course for success in forthcoming book: *Navigating for Success* slated for April, 2008 release

ARDMORE, Penn. – Moss A. Jackson, a clinical and organization psychologist who has been practicing in the field since 1972, wants to make one thing clear: success is not for the faint of heart. According to Jackson, “Success is not an accident. It is a deliberate choice that requires deliberate plans and actions. Success comes to those who are willing to take chances, discover their passions and dreams, and make critical choices that determine their unique pathways to success.”

To provide a guide to help individuals and organizations gain a greater understanding of success, Jackson has authored *Navigating for Success*. *Navigating for Success* will be available in April 2008.

Based on Jackson’s 30 plus years experience as a psychologist and business consultant, as well as his personal experiences, *Navigating for Success* is centered on Jackson’s theory that success, much like a voyage, requires planning, focus, and dedication.

Jackson maintains that successful individuals, whom he calls Navigators, share common traits: “Navigators are individuals who steer the course of their lives, rather than allow themselves to be buffeted about by waves of circumstance, past experience, or emotion. Navigators chart their course by cultivating the key qualities of passion, focus, resilience, and a sense of adventure. Navigators are fully in charge – of their goals and of themselves.”

Using the clever analogy of likening success to sailing, *Navigating for Success* is divided into six parts – *Steering Your Life*, *Mapping Your Course*, *Riding Your Inner Wave*, *Getting Connected*, *Storm Warning*, *Building Your Crew*, and *Setting Sail*, each part addressing a crucial concept in charting the course to success.

Navigating for Success explains such key concepts as: discovering the invisible pathway that controls your destiny, learning to map your course in life, gaining control over the inner waves that throw you off course, mastering the four keys to ongoing success, and much more. Moreover, *Navigating for Success* includes “Compass Points,” brief, introspective exercises designed to help the reader clearly ascertain their vision, passions, and motivations.

Imminently readable and filled with practical advice, *Navigating for Success* is the definitive guide to helping individuals discover their pathways to success.

Moss A. Jackson, Ph.D. is a clinical and organizational psychologist who has been practicing in the field for over 30 years. Jackson serves as President of Corporate Initiatives. *Navigating for Success* will be available where better books are sold in April 2008. For more information, please contact Maryglenn McCombs by phone (615) 297-9875, or by email – maryglenn@maryglenn.com

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